

**RECOVERY
FOCUS**

**WORKING
TOGETHER
TOWARDS
RECOVERY**



WORKING IN EQUAL PARTNERSHIP

OUR PHILOSOPHY



One of our founding principles at **RECOVERY FOCUS** is that we work as equal partners with the people who use our services to design, plan and provide support together.



**RECOVERY
FOCUS**

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works in a way that enables us to provide more effective services, by capturing the expertise and experience on the frontline to ensure we truly support the ambitions and meet the needs of the people who use our services.

We also ensure that individuals feel respected and valued through their participation, which builds confidence and fulfilment, helping on their journey towards recovery.

Every person is unique and by focusing on individuals holistically rather than on diagnostic labels or clinical needs we can respond to our diverse communities and enable people to rebuild their lives.

By sharing decision-making and having open discussions we can better understand what's important to the people we support and work together to prioritise this at an individual level, in our local services and in the way we run our organisations.

Our way of working, based on the concept of co-production, is underpinned by these key ideas:

We see people as assets, supporting them to discover their skills, interests and hopes not just their needs

We share roles and decision-making to create mutual and equal relationships which breakdown barriers and stigma

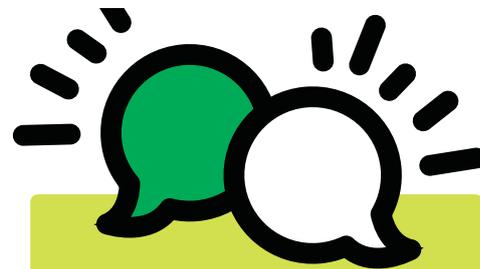
We foster support networks, enabling people to share their experiences and support each other, providing empathy and inspiring hope, as well as helping people to actively engage with their communities

We are catalysts for change, acknowledging that we cannot make people recover but that we can inspire and support them to lead their own recovery

PUTTING THEORY INTO PRACTICE



We recognise that embedding this culture across our group involves adapting our systems and processes so that all our work at every level enables co-production. We've developed a three-year strategy with people who use our services to agree our priorities and how we're going to make this happen.



People from each of our partner organisations formed our strategy steering group and we also consulted widely through our **'Big Conversation'** to give everyone who uses our services the opportunity to shape what we do.

This enabled us to see what is important to the people we support and to prioritise this as well as to gather ideas for practical improvements we could make.

As a result, our new group strategy sets out our vision for the next three years across the Recovery Focus partners.

WHAT WE **PLAN** TO DO

At an individual level:

- Sharing access to records so that people can see and update their own support plan and notes
 - Updating our data systems to capture skills, experiences and interests as well as needs and risks, to reflect our holistic, assets-based approach.
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At an organisational and group level:

- Co-producing our communications so that the language and approaches we use are always accessible and inclusive
- Expanding the training available to people using our services as well as designing and delivering our training together
- Establishing clear pathways for people using our services to engage with and be part of our management and governance structures, including our board.

At a local service level:

- Ensuring that the people who use our services are able to influence, agree and take part in plans to improve and develop our services further
 - Enabling people to recruit and appraise our staff.
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In society:

- Enabling people to use their own voice to engage with their communities and challenge stigma
- Shaping our digital inclusion plans together

We've also developed a charter together which clearly explains our way of working so that everyone in each of our organisations knows what they can expect.

Recovery Focus is a new national group of charities, bringing together organisations with strong individual services, innovative approaches, flexible local presence and a wide range of expertise from around England.

We work with people with mental health, substance misuse and other complex needs through:

CRISIS SUPPORT
RESIDENTIAL CARE
SUPPORTED LIVING
COMMUNITY-BASED SUPPORT
PEER SUPPORT NETWORKS
CARER AND FAMILY SUPPORT
EMPLOYMENT SUPPORT

Meet the group:



WANT TO FIND OUT MORE?

If you want to find out more about our 'working together' approach then get in touch.

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Visit our website:

www.recoveryfocus.org.uk

Follow us on twitter: [@recovery_focus](https://twitter.com/recovery_focus)